

CITY OF OAKLAND - OFFICE OF PARKS AND RECREATION
Montclair Recreation Center, 6300 Moraga Ave., Oakland CA. 94611 (510) 482-7812

SCHEDULE FOR May 2, 2017 through August 29, 2017.

The City of Oakland sponsors and supports hiking as a recreational activity through the Montclair Recreation Center (**MRC**). Participation in the hiking program is free and is managed by volunteers. If you hike regularly, you will be registered with the City of Oakland, and you will be required to provide your address and phone number. Hikers will be required to sign in on every hike. Hikes include a variety of lengths, terrains, elevations and locations and may include steep hills. Trail heads are usually within a 30-mile range of **MRC**. All hikes are led by experienced participant/volunteers who are knowledgeable about the hikes they are leading. Leaders are not professionally trained, are not first-aid certified and do not carry emergency supplies. If there is an emergency, either the leader or a participant will call an emergency number and/or a local authority. Hikers are responsible for their own participation and should read the hike descriptions carefully and/or call the leader if there are questions. The following schedule is for **May 2 through August, 2017**, and it attempts to provide the best available hikes for the current season. At times an alternate hike may be offered. These hikes are usually shorter, with less elevation and closer to **MRC**. Hiking schedules are published three times a year: January, May, and September. The schedule and history of **MHC** can be viewed at the following website: <http://www.montclairhikers.weebly.com>. Any updates and flyers will be sent electronically.

All Hikers Please Read the following before participating:

1. Hikes are open to everyone. Meet at **MRC** on Tuesday before 9:00 AM. At that time questions about the offered hike will be answered by the leader, and car pools will be formed. Each rider pays 10 cents/mile to the driver. Departure from the center is at 9:00 A.M. unless otherwise noted. *Alternate hikes, if scheduled, leave at 9:15.* Plan to return to the center by 3:00 P.M.
 2. Participants are responsible for determining if the scheduled hike matches their ability. If you have questions about a particular hike, call the leader whose name appears on the schedule and on the e-mail you will receive prior to the hike.
 3. Recommended supplies: fluids, lunch and/or snacks, sunscreen, a personal first aid kit, windbreaker, sun hat, hiking poles, day pack, something waterproof to sit on, hiking boots for uneven terrain, personal identification, medical card(s), a list of medications being taken and emergency contact phone numbers.
 4. An announcement of the scheduled hike is sent through Yahoogroups on the Friday before the Tuesday hike. The scheduled hike could be changed or cancelled. Directions to the staging area could be changed. Any last-minute changes or alternate hike announcements may be posted as late as the morning of the hike, so check your e-mail prior to heading out. If you are unsure if the scheduled hike will take place because of weather or if you plan to go directly to the staging area, you may call the leader for confirmation.
 5. While on the trail, stay in sight of the group. Some hikers are faster than others. If you are passing the leader, stop at major intersections and wait for the leader's instructions before proceeding to avoid taking the wrong trail. The leader will pause at major trail intersections. If you are leaving the group or need assistance, notify the leader. On multi-use trails be aware of cyclists, and move to the right to let them pass as they approach from the front and the rear.
 6. Leaders are expected to scout the trail before the actual hike.
 7. Emergency phone numbers for the locations where we will be hiking are listed on our yahoogroups notice-and-the-schedule.
- ❖ Volunteers maintain an **email list** for sending information and for scheduling updates, when needed. To subscribe to the yahoo group list, send a message to lcs-oak@juno.com or ciberhyker@gmail.com. Your e-mail address will be added to montclairhikers@yahoo.com. You will get a message from the-domain: **YAHOOGROUPS that may ask you to accept.**

May 2, 2017. SAN BRUNO MOUNTAIN (San Mateo State and County Park). 23 miles to staging area. Leaders: *Vivian Golden 510.482.4426. and Sybil Marcus.* From **MRC** drive north on Moraga Ave. Take Hwys. 13/24/580 and cross the **Bay Bridge**. Go South on Hwy. 101 to the Cow Palace/Third St. exit. Continue South on Bayshore Blvd. about 1.8 miles. **TURN RIGHT (West)** on Guadeloupe Canyon Parkway. Convene in San Bruno Mountain Park on side of Parkway. Moderate, 4.5 miles with some elevation gain on various terrain. Sticks helpful. Come see the flowers. No dogs. Visit the following web sites for additional information: www.eparks.net. **Phone: Ranger: 650.589.5708**

Note: San Bruno Mountain Park is a landmark of local and regional significance, standing as a unique open-space island in the midst of the peninsula's urbanization at the northern end of the Santa Cruz Mountain Range. The Mountain's ridge line runs in an east-west configuration, with considerable slopes and elevations ranging from 250 feet to 1,314 feet at the summit. The 2,416 acres of rugged landscape offer excellent hiking opportunities and outstanding views of San Francisco and Central Bay Area.

May 9, 2017 REDWOOD REGIONAL PARK-EBMUD and TILDEN REGIONAL PARK-From - Robert Sibley Volcanic Regional preserve. 2 miles. to staging area is *Leader: Fifi Goodfellow 390.0157.* From **MRC** drive South on Moraga Ave. **TURN LEFT** onto Snake Rd. then **CONTINUE STRAIGHT** onto Shepherd Canyon Rd. **TURN LEFT** onto Skyline Blvd. for about 1 mile. **TURN RIGHT** into the Sibley Staging Area parking lot. Hike Skyline and Bay Area Ridge trails through EBMUD land to Miniature Steam Train in Tilden Regional Park. Return same route. 7 miles Moderate-Strenuous. Hiking Pole(s) useful. No Dogs. **Phone numbers: EBRPD Emergency 510.881.1121. EBRPD Non-emergency 510.881.1833.** Visit the following web sites for additional information: www.bahiker.com and www.ebparks.org and www.ebparks.org

May 16, 2017. REDWOOD REGIONAL PARK (EBRPD)-From Canyon Meadows. 7 miles to staging area. *Leader: Chee Yan Ong 415.819.6988.* From **MRC** drive South on Moraga Ave. Take Hwy. 13 South and take the Redwood Rd. exit. **TURN LEFT** onto Redwood Rd. and continue to Skyline Blvd. Cross **STRAIGHT** over Skyline Blvd (stay in left lane). Continue on Redwood Rd. for 2.2 miles. The park entrance is on the left and has a sign: Redwood Regional Park East Bay Regional Park, but it is facing away from you. At the park entrance **TURN LEFT** and go 0.5 mile to the Canyon Meadow Staging Area (the parking lot all the way to the end). From Canyon Meadows hike to Fishway Interpretive site 0.03 mi. then Golden Spike, Toyon, West Ridge, Chown, French, and Bridle Trails. Lunch at Trail's End. Easy-Moderate 7 miles with up-hills, about 500 foot cumulative elevation. Beautiful vistas. Sticks/poles recommended. Visit the following web sites for additional information: www.bahiker.com and www.ebparks.org **Phone numbers: Emergency EBRPD 510.881.1121. EBRPD Non-emergency 510.881.1833.**

Corrected version May 23, 2017. SAN LEANDRO RESERVOIR (UPPER) -King Canyon Loop. 6.9 miles to staging area. From **MRC** drive South on Moraga Ave. **TURN LEFT** on Snake Rd, then straight onto Shepard Canyon Rd. to Skyline. cross Skyline and **CONTINUE STRAIGHT** onto Pinehurst Rd. Continue through the City of Canyon to the junction with Canyon Rd. and **BEAR LEFT** onto Canyon Rd. for about 3 miles. Convene at Valle Vista Staging Area Moraga (on the right). Hike EBMUD watershed. King Canyon Loop: George Wagon and part of Rocky Ridge trails. Explore two narrow canyons at the northern end of Upper San Leandro Reservoir. Many ups and downs. Steep up and down on return leg after lunch. Lots of shade and wide views. 7 miles moderate. Sticks recommended. If Hot bring extra water. **Note:** if you drive, register your auto license number at the kiosk behind the gate. Coordinators have EBMUD

group permit. Visit the following web sites for additional information: www.bahiker.com and www.ebparks.org Phone: Lafayette PD Emergency: 925.284.5010. Non-emergency: 925.283.3680. Moraga PD Emergency: 925.284.5010. Non-emergency: 925.376.2515.

May 30, 2017. REDWOOD Regional Park (EBRPD)-Skyline Gate to Huckleberry and Sibley. 2 miles to staging area is. *Leader: Hal Helfand 510.655.3337.* From **MRC** drive South on Moraga Ave. TURN LEFT onto Snake Rd. CONTINUE STRAIGHT onto Shepherd Canyon Rd. TURN RIGHT onto Skyline Blvd. In ¼ mi TURN LEFT into the parking lot at Skyline Gate. Hike Redwood Park on the East Bay Natl. Skyline trail to Sibley (about 1000' elevation change); Round Top Loop; the Labyrinth and return on the Huckleberry path. Sticks/poles and long pants recommended (lots of poison oak). Moderate. 6.5 miles Visit the following web sites for additional information: www.bahiker.com. and www.ebparks.org. **Phone numbers: EBRPD Emergency 510.881.1121. EBRPD Non-emergency 510.881.1833.**

June 6, 2017. COYOTE HILLS Regional Park. 27 miles to staging area. *Leaders: Alicia Goldstein 531.4227 and Mary Jacobs 617.966.6189.* From **MRC** drive South Moraga Ave. Turn RIGHT on Park Blvd. Take Hwys. 13/580 South. Take Hwys.238/880 to Hwy 84 West. Exit. Continue on Hwy. 84. Exit #37 RIGHT onto Ardenwood Blvd. Follow signs to Ardenwood. At @.6 miles, turn LEFT at Commerce Dr. Cross Paseo Padre Parkway. Commerce Dr. becomes Patterson Ranch Rd. Follow signs to the second parking lot. At kiosk use the self-registered automated pay box. Fee is \$5. **No Credit cards. Cash only.** \$1, \$5 and \$10s.No \$20s Continue on and park in the second lot near the Visitor's Center. Water and maps can be found at the Visitor Center and various information signboards in the park. Pit toilets at the edge of the parking lot, and there are restrooms in the visitor Center.

Visit www.bahiker.com www.ebparks.org Poles a must for the hill parts, steep gravelly downhill (short but steep)

Note. There are rest rooms at the beginning and at the Dairy Glen.

Hike #1

This 6.4 easy two loop hike, with a total elevation change of about 350 feet. The elevation at the trailhead is about 10 feet. The high point is about 270 feet. The trails on the featured hike are flat. There are two very steep but short stretches on Red Hill Trail, but you can skirt the hills on flat Bay View Trail. Cross marsh, then up and down grassy hills above the bay. Lunch at SF National Wildlife Refuge Visitors Center & return. About 7 miles round trip.

Hike #2

Entire Group: From the Visitor's Center walk on the Bayview Trail .36 miles flat to the Lizard Rock Loop which is .45 miles, very slightly uphill. Loop returns to the Bayview Trail and continues .52 miles until the Red Hill Turn Off— (Total is 1.31 to this point).

Flat Walk: Continue on the Bayview Trail for about 1 mile to meet up with the hill group @ the junction with the Soaproot Trail.

Hill Walk: Go up Red Hill to Soaproot down to jct. with Bayview (1.2 miles)

All together: Continue on Bayview about 1 mile to Dairy Glen. Lunch or snack/toilet stop. Continue on Bayview across the Rd. to the Muskrat (marsh trail, amazing wild life) to the Shellmound on Chochenyo Trail and loop back on Muskrat to Parking area (2 miles totally flat).

The total we had doing the Red Hill was 5.6 miles and the other is 5.4 miles.

June 13, 2017. U. C. OPEN SPACE-Claremont Canyon Preserve-Starting from Grizzly Peak Blvd. 5.5 miles to staging area. *Leaders: Judy Casey 510.482.6323* From **MRC** drive north on Moraga Ave. Take Hwys. 13/24 onto Tunnel Rd. TURN RIGHT on Claremont Ave. VEER LEFT on Claremont Blvd. which becomes Belrose Ave. TURN LEFT on Derby. TURN RIGHT on Warring St. TURN RIGHT on Dwight Way and go 1-1/2 blocks. TURN LEFT on Prospect. TURN RIGHT on Bancroft. TURN RIGHT on Panoramic Way for a very quick jog to the LEFT onto Rim Road. TURN RIGHT onto Centennial Dr. Drive past the Lawrence Hall of Science to the top of Centennial Dr. Go STRAIGHT. Cross Grizzly Peak Road onto Golf Links Drive to enter Tilden Park. Just as you enter Tilden, you will see a parking lot on the right. Convene in parking area. Walk to Grizzly Peak Blvd. and walk south to Donner Lab. Walk the rims of Hamilton Gulch, Strawberry Canyon and Claremont Canyon. Hike through quiet woodlands and view the magnificent panorama of SF Bay. Lunch at the end with a snack in the middle. About 6 miles, mostly easy except at several areas where there is a short steep climb up and a short steep hike down on uneven ground. Hiking sticks recommended. **Phone: UC Police Emergency: 510.642.3333. Non-emergency: 510.642.6760.**

June 20, 2017 SEVENTEENTH ANNUAL SPRING POTLUCK LUNCH & HIKE– Redwood Park. *Picnic organizer: Vivian Golden 510.482.4426.* If you are hiking the West ridge trail from Skyline Gate, leave your food at the **MRC** before 9 AM and it will be transported to the Canyon Meadows picnic area (or carry it in your pack). If you are hiking from Canyon Meadows or just coming for the picnic, bring your food to Canyon Meadows before 11:30. The picnic will be over at 1 PM. Hikers will return to Skyline Gate via Stream trail. It is requested that you not leave the picnic area before 1:00 and that you assist with clean up. (Thank you). **Phone numbers: EBRPD Emergency 510.881.1121. EBRPD Non-emergency: 510.881.1833.** Visit: www.bahiker.com--and--www.ebparks.org.

Hike to Canyon Meadows from Skyline Gate: Distance to staging area 2 miles. *Leaders: Sally Shaver 893.7293.* From **MRC** drive South on Moraga Ave. TURN LEFT onto Snake Rd. then CONTINUE STRAIGHT on Shepherd Canyon Rd. TURN RIGHT onto Skyline Blvd. In ¼ mi. TURN LEFT into the parking lot at Skyline Gate. Hike Westridge, Orchard and Stream trails to Canyon Meadow staging area for lunch. After lunch return Stream trail. 8 rolling miles on ground, with roots and rocks, and one steep down-hill at Orchard and a short steep uphill from the Stream trail to Skyline parking area. Poles/sticks recommended.

Hike from Canyon Meadows. Distance to staging area is 7 miles. *Leader: Vivian Golden 510.482.4426.* From **MRC** drive South on Moraga Ave. Take Hwy. 13 South and take the Redwood Rd. exit. TURN LEFT onto Redwood Rd. and continue to Skyline Blvd. CROSS STRAIGHT over Skyline Blvd (stay in left lane). Continue on Redwood Rd. for 2.2 miles. The park entrance is on the left and has a sign: Redwood Regional Park East Bay Regional Park, but it is facing away from you. At the park entrance TURN LEFT and go 0.5 mile to the Canyon Meadow Staging Area (the parking lot all the way to the end). Hike Bridle Trail as far as you wish and return by Stream Trail to picnic area by 11:30 for lunch. Easy 3-4 miles on dirt.

June 27, 2017. HARBOR BAY ISLE (Lagoons) From Towata Park. 6 miles to staging area. *Leader: Margaret Phillips 891.8236.* From **MRC** drive South on Moraga Ave. TURN RIGHT on Park Blvd. TURN LEFT (South) onto Hwy. 13. Merge onto Hwy. 580. Exit onto High St. Continue on High St. through Alameda to end of the road. TURN LEFT onto Otis and drive a short distance. TURN RIGHT at Peach Street into **Towata Park**. We will start our hike at Towata Park and cross the **blue bridge** onto Bay Farm Island. Hike Shoreline View Parkway including in and around several lagoons. Easy hike, about 6 miles on flat asphalt/cement surfaces. **Phone Numbers Alameda Police Dispatch: 510.337.8311. Non-emergency: 510.337.8340.**

NOTE: At the request of the Club House ----- Please Do Not Use Restroom at the Club House.

July 11, 2017. SAN FRANCISCO PRESIDIO - from Presidio Park Archives & Records Center, 667 McDowell Ave. 19 miles to staging area. *Leaders: Don and Diane Daniel, 925-455-0896,* From MRC drive North on Moraga Ave. Take Hwys. 13/24/580/80 and **cross the Bay Bridge.** Take Folsom St/Fremont St. exit on right (exit 2C), keep right to take Folsom St ramp, TURN LEFT onto Folsom St., TURN LEFT onto The Embarcadero; In 1.4 miles (at Pier 33), TURN LEFT onto Bay St. In another 1.4 miles, TURN RIGHT onto Laguna St., which become Marina Blvd. In .9 miles, TURN SLIGHT RIGHT onto Mason St., in another 1 mile, TURN LEFT to stay on Mason St.

Note: For an early restroom break, TURN RIGHT into the first Crissy Field parking lot; then CONTINUE WEST on Old Mason St. for 1 mile. At Building 920, TURN LEFT on Mason St., then TURN LEFT on Crissy Field Ave. (which becomes McDowell Ave. as it goes under Doyle Dr). TURN LEFT at 667 McDowell Ave, the Presidio Park Archives & Records Center, and PARK HERE. Hike and view the National Cemetery Overlook; Bay Area Ridge Trail (Andy Goldsworthy Spire); Inspiration Point Overlook; El Polin Spring; MacArthur Ave.; Lovers' Lane; Lake Trail; Lyon St. Stairs and Presidio Promenade and Yoda Fountain. Moderate 5.7-mile loop hike on trail with some hard surfaces and stairs. Visit the following web sites for additional information www.nps.gov. and www.for-site.org/project/goldsworthy-in-the-presidio-spire. **Phone: SF Police Emergency: 415-553-8090. Non-emergency: 415-553-0123.**

July 18, 2017. San Francisco City Walk - From Ferry Bldg. *Leader: Bonnie Herman 510.653.5409.* Meet at MRC and car pool to Rockridge. Park in a non-2-hr zone. Walk 2 blocks to BART. Take the 9:20 BART train, exit at Embarcadero station and walk to the Ferry building.

OR take the 9:15 ferry from Jack London Square. Parking across the street is free. Cost is @\$3.40. Carpools will leave MRC by 8:45.

Meet in front of the Ferry building by 10:00. This walk includes going to South Beach along the Embarcadero to China Basin, up Third Street, through South Park, up 2nd to the Crocker Galleria where we will have our bag lunches. Then back to the East Bay on BART from either Montgomery or Embarcadero Stations. 5 easy miles on flat pavement. No Hiking poles needed. **Phone: S.F. Police Emergency 415.553.8090. Non-emergency: 415.553.0123.**

Directions to Ferry Building.

1. BART. From MRC car pool to Rockridge. **Leave MRC at 8:45.** Park in a non-2-hr zone. Walk 2 blocks to BART. Take the 9:20 BART train, exit at Embarcadero station at 9:40 and walk to the Ferry building arriving by 10:00. Cost is \$2.80.

2. S.F. Bay Ferry. From MRC carpool to Oakland Ferry. **Leave MRC at 8:45.** Park free with validation in bldg. across the street .Cost of ferry is \$3.40 one way. Ferry arrives at Ferry Bldg at 9:45.

Meet in front of the Ferry building by 10:00. This walk includes going to South Beach along the Embarcadero to China Basin, up Third Street, through South Park, up 2nd to the Crocker Galleria where we will have our bag lunches. 5 easy miles on flat pavement. No Hiking poles needed. **Phone: S.F. Police Emergency 415.553.8090. Non-emergency: 415.553.0123.**

Return: BART from either Montgomery or Embarcadero Stations. **Ferry to Oakland** leaves at 1:00. Arrives Oakland 1:30. Departs at 2:00 and arrives Oakland 2:35.

July 25, 2017. TEMESCAL/ROCKRIDGE Path and Stairway walk. Distance to staging area 1 mile. Leaders: Dennis and Linda Winslow. 510.652.3319. cell 510.207.0710. From MRC drive NW on Moraga Ave. Enter Hwy. 13 N. toward Berkeley. Take EXIT 5A toward Broadway Terrace. Keep LEFT at the fork in the ramp. TURN SLIGHT LEFT onto Glenwood Glade. Turn SLIGHT LEFT onto Broadway Terrace. (6500 Broadway Terrace is on your right). Park in the Lake Temescal lot off Broadway Terrace. This is an urban hike down stair cases to Broadway returning up stair cases from Golden Gate Ave. The hike is 4-5 miles and hilly, with lots of elevation loss and gain. Poles not needed. It goes around the lake, down to Broadway and then to College Ave. The return takes us on Chabot Road, passing peaceful St. Albert Priory Chapel, ascending from Golden Gate Ave. and back to the lake. Lunch afterward, at the lake. Phones numbers: Temescal 510.652.1155. EBRPD Emergency 510.881.1121. EBRPD Non-emergency 510.881.1833. Rockridge: Oakland Police Emergency 510.777.3211. Non-Emergency.510.777.3333.

Dennis' note: Regarding poles: there is a gravel section up to Broadway Terrace that is steep and you may want poles. Otherwise, poles would be in the way while holding on to railings.

August 1, 2017. POINT PINOLE-Atlas Bridge Staging Area. 20 miles to staging area. Leader: Jim Gavin 547.0640. From MRC drive north on Moraga Ave. Take Hwys.13/24/580/80 toward Sacramento. Take EXIT 20 onto the Richmond Parkway. Drive WEST about 2 miles. CROSS San Pablo Ave. TURN RIGHT onto Atlas Rd. CROSS Giant Highway. Continue on Atlas Rd, cross the new ATLAS BRIDGE and enter the parking lot. Hike counter-clockwise. This is a 5+ loop on mostly level terrain on bluffs overlooking San Pablo Bay. Lunch at end. Visit the following website for additional information. www.bahiker.com and www.ebparks.org.
Phone: EBRP Emergency 510-881-1121 EBRP Non-Emergency 510-881-1833.

August 8, 2017. Cull Canyon Regional Recreation Area in Castro Valley. 16.0 miles to staging area
Leader: Hal Helfand 510.655.3337. From MRC drive South on Moraga Ave. Turn RIGHT on Park Blvd. Take Hwy.13 South to 580 East. Stay in left two lines when approaching 238 to stay on 580. Take EXIT 37. Go LEFT on Grove Way (becomes Crow Canyon Road). Turn LEFT on Cull Canyon Road (3rd light after exit). Parking lot is 1/2 mile later on left hand side. Circle the lot and drive to the end. Park near the footbridge on the right. Meeting point is across the footbridge. Hike out and back on the Chabot to Garin trails. Total elevation change is @1100+ ft. Moderate with some strenuous stretches on dirt. The trails are all under cover (oak and bay laurel) except for 1/3 mile stretch. Lots of poison oak and possible ticks in grass. Shorts not recommended. One culvert and three creek crossings. Snack and water stop at the turn-around. Return same trails with lunch at end of hike in the Cull Canyon Recreational area. Moderate 6 miles on ground with some with stream crossings on dirt, roots, some rocks. Elevation gain 1200 ft. For more information visit www.bahiker.com.and www.ebparks.org **Phone: Emergency 510.881.1121. Non-emergency 510.881.1833.**

Note: Bring swim suit and towel for optional swim/sunbathing after lunch in the Cull Canyon swim lagoon (\$2.50 for seniors.). Depending on interest swim car pools will be organized after lunch

August 15, 2017. DIMOND CANYON HIKING TRAIL-Sausal Creel and JOAQUIN MILLER PARK. 2 miles to staging area. Leaders: Ward Simpson cell 510.316.4095 and Mike Herrick cell 510.813.0228. From MRC drive east on Mountain Blvd. TURN RIGHT on Park Blvd. TURN LEFT on El Centro (before the filling station.) TURN RIGHT on Hanly Rd. into the upper parking lot of **Dimond Recreation Center**. Hike Dimond Canyon trail along or above Sausal Creek depending on accessibility. Continue through the pedestrian underpass to Joaquin Miller Ct and onto Palos Colorados trail in Joaquin Miller Park. Lunch in Sequoia Arena. Return to Dimond Rec. Center. Moderate 6.5 miles with one or two creek crossings. Terrain is dirt with rocks

and roots. Sticks recommended for balance and some scrambling on and over creek rocks. For more information visit: www.sausalcreek.org/sausal/shorthistory/html **Oakland Police Emergency: 510.777.3211. Non-Emergency:-510.777.3333.**

August 22, 2017. REDWOOD REGIONAL PARK (EBRPD)-From Canyon Meadows. 7 miles to staging area. *Leader: Stan Feldman 510.384.0865 (cell) 510.568.7488 (home)* From **MRC** drive South on Moraga Ave. Take Hwy. 13 South and take the Redwood Rd. exit. **TURN LEFT** onto Redwood Rd. and continue to Skyline Blvd. **CROSS STRAIGHT** over Skyline Blvd (stay in **LEFT** lane). Continue on Redwood Rd. for 2.2 miles. The park entrance is on the left and has a sign: Redwood Regional Park East Bay Regional Park, but it is facing away from you. At the park entrance **TURN LEFT** and go 0.5 mile to the Canyon Meadow and park in the farthest lot. Circle up in the parking lot and walk 0.03 mi. to the staging area at Fishway Interpretive Site. Hike Bridle, Orchard, French, Chown, Stream trails. Approximately 6 miles flat/moderate with short, steep climbs on rocky and rooted terrain. Sticks/poles recommended. For more information visit www.bahiker.com and www.ebparcs.org **Phone numbers: Emergency EBRPD 510.881.1121. EBRPD Non-emergency 510.881.1833.**

August 29, 2017. ANGEL ISLAND STATE PARK *Leaders: Nancy and Ollie Wright Leaders: cell 831.234.965.* **NOTE Early Departure: Leave MRC at 8:15 AM. Ferry Leaves terminal at 10:00 and departs Angel Island at 1:20 (and 3:30). Cost is \$14.00 round trip and includes park admission. Cash and / checks only. Pay as you board.** From **MRC** drive North on Moraga Ave. Take Hwys. 13/24/80/580 and cross **Richmond/San Rafael Bridge**. Take the 101 South Exit to Sir Francis Drake Blvd. Pass the Larkspur ferry terminal on the left. Get onto 101 South ramp. After about 2 miles Exit Tiburon Blvd. (Hwy. 131 Exit 447). Turn **LEFT** onto the overpass and follow Tiburon Blvd. for 4 miles into downtown Tiburon. There are two parking lots immediately to the left. The parking lot closest to the pier is \$5.00 and you have to walk about 3 blocks. Pay at kiosk and place notice visibly in your window. If you continue on Tiburon Blvd. turn **RIGHT** on Main St. and park in the lot. Cost is \$12.00. The ferry terminal is located at 21 Main St., across from the (\$12.00) parking lot. We will hike Mt. Livermore (600 ft.) and Sunset Trail. Moderate 5.5 miles.. Beautiful views. Ferries leave Angel Island for Tiburon at 1:20 PM and 3:30 PM. Carpool as needed. We plan to catch the 1:20 ferry. Visit www.bahiker.com. **Phone numbers: Emergency 916.358.1310. Non-emergency 415.435.5390.**

Note: There are no restrooms on the ferry or on the trails. Use the restrooms at the dock BEFORE boarding.

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TITLE VI COMPLIANCE AGAINST DISCRIMINATION 43CFR 17.6(B) Federal and City of Oakland regulations strictly prohibit unlawful discrimination on the basis of race, color, gender, national origin, age, sexual orientation or AIDS or ARC. Any person who believes that he or she has been discriminated against in any program, activity, or facility operated by the City of Oakland, Office of Parks and Recreation should write to: Director of Parks and Recreation at 1520 Lakeside Drive, Oakland, CA 94612-4598 or call 510. 238.3092.

INCLUSION STATEMENT. It is the intent of the City of Oakland to fully comply with the Americans with Disability Act. The Office of Parks & Recreation (OPR) is fully committed to compliance with provisions of the Americans with Disabilities Act. Please direct all inquiries concerning program & disability accommodations to the OPR inclusive Recreation Coordinator at 510.615.5755 or smeans@oaklandnet.com. TDD callers please dial 510.615.5883.