CITY OF OAKLAND - OFFICE OF PARKS AND RECREATION
Montclair Recreation Center, 6300 Moraga Ave., Oakland CA. 94611 (510) 482-7812

SCHEDULE FOR April 24 –August 28, 2018

The City of Oakland sponsors and supports hiking as a recreational activity through the Montclair Recreation Center **(MRC)**. Participation in this hiking program is free and is managed by volunteers. If you hike regularly, you will be registered with the City of Oakland, and you will be required to provide your address and phone number. Hikers will be required to sign in on every hike. Hikes include a variety of lengths, elevations and terrains and may include steep climbs, rocky and/or muddy trails. Trail-heads are usually within a 35-mile range of **MRC.** All hikes are led by experienced participant/volunteers who are knowledgeable about the hikes they are leading. Leaders are not professionally trained, are not first-aid certified and do not carry emergency supplies. If there is an emergency, either the leader or a participant will call an emergency number and/or a local authority. Hikers are responsible for their own participation and should read the hike descriptions carefully and/or call the leader if there are questions. The following schedule is for **April 24, through August 28, 2018.** During this period of time, hikes are usually chosen with seasonal conditions in mind. At times an **alternate** hike may be offered. These hikes are usually shorter, with less elevation and are nearer to **MRC.** Hiking schedules are published three times a year: January, May, and September. This current schedule will be published before May 1, 2018. The schedule and history of **MHC** can be viewed at the following website: **http://www.montclairhikers.weebly.com** Any updates and flyers will be sent electronically.

All Hikers Please Read the following notes before participating:

1. Hikes are open to everyone who is able. Meet at **MRC** on Tuesday **before 9:00 AM**. At that time questions about the offered hike will be answered by the leader, and car pools will be formed. Each passenger pays 10 cents/mile to the driver. Departure from the center is at 9:00 A.M. unless otherwise noted. **Alternate hikes, if scheduled, leave at 9:15**. Plan to return to the center by 3:00 P.M.
2. Participants are responsible for determining if the scheduled hike matches their ability. If you have questions about a particular hike, call the leader whose name appears on the schedule and on the e-mail you will receive prior to the hike. E-mails will be sent through Yahoo groups on the Friday prior to the Tuesday hike. The scheduled hike could be changed or cancelled. Directions to the staging area could be changed. Any last-minute changes or alternate hike announcements **may** be posted as late as the morning of the hike, so check your e-mail prior to heading out. If you are unsure if the scheduled hike will take place because of weather or if you plan to go directly to the staging area, you may call the leader for confirmation
3. Recommended supplies: fluids, lunch and/or snacks, sunscreen, a personal first aid kit, windbreaker, sun hat, hiking poles, day pack, something waterproof to sit on, hiking boots for uneven terrain, personal identification, medical card(s), a list of medications being taken and emergency contact phone numbers.
4. While on the trail, stay in sight of the group. Some hikers are faster than others. If you are passing the leader, stop at major intersections and wait for the leader's instructions before proceeding to avoid taking the wrong trail. The leader(s) will pause at major trail intersections. If you are leaving the group or need assistance, notify the leader. On multi-use trails be aware of cyclists, and move to the right to let them pass as they approach from the front and the rear. If horses are passing you, just make room at a safe space on either side of the trail.
5. Leaders are expected to scout the trail before the actual hike.
6. Emergency phone numbers for the locations where we will be hiking are listed on our yahoo groups notice-and-the-schedule.
7. NOTE: Volunteers maintain an **email list** for sending information which may include any updates. To subscribe to the yahoo group list, send a message to lcs-oak@juno.com or ciberhyker@gmail.com. Your e-mail address will be added to montclairhikers@yahoogroups.com. You will get a message from the domain: **YAHOOGROUPS which will ask you to accept**

April 24, 2018 SUNOL REGIONAL WILDERNESS (EBRPD) 38 miles to staging area *Leader: Hal Helfand 510.655.3337*. From **MRC** drive south on Moraga Ave. TURN RIGHT on Park Blvd. TURN LEFT onto Hwy. 13 South. Continue on Hwys. 13/580 East, then RIGHT onto Hwy 680 South toward San Jose. In 8 miles, take exit 21, Calaveras Road / SR 84 Dumbarton Bridge. At the bottom of the off-ramp, TURN LEFT onto Calaveras Road. In 4.3 miles TURN LEFT onto Geary Road. In 2 miles enter the park. Park in visitor center parking lot (first parking lot) or right next to it in Picnic area parking lot. You will not find the group if you go to farther away lots. Bathrooms are only in the parking lot. No water on trail so bring 2 liters with you. Description: Hike Indian Joe Creek trail then climb to Cave Rocks. Then Rocks Road/Cerro Este trail to the summit at 1720 feet. Continue via Cerro Este to Little Yosemite. Then back via Canyon View trail to parking area. Approx. 6 miles moderate plus loop - 1500' elevation gain. Sticks recommended. Lunch will be on the ground; and exact time and location are wind dependent, but will be around the top of the uphill portion, so bring something to sit on. View www.bahiker.com and www.ebparks.org. Parking $5.00 per vehicle (seasonal). **Phone: Sunol - Emergency EBRP 510.881.1121, Non-Emergency 510.881.1833**

May 1, 2018. FERNANDEZ RANCH- John Muir Land Trust. 1971 Christie Rd., Martinez, Ca. 25 miles to staging area. *Leaders: Jim Gavin 547.0640 and Harriette Louie 510.339.2242. (cell) 510.517.8335.*From **MRC** drive north. Take Hwys 13, 24, 580 and 80 toward Sacramento. Merge onto CA-4 E/John Muir Pkwy E via EXT# 23 toward Stockton/Martinez See large sign on the right "**Fernandez".** Take the first exit onto Christie Rd. This is a minor exit off Highway 4. Fernandez Ranch is .7 miles down Christie Road on your right. Park in the parking lot. Lock your car and do not have anything visible in the car seats, dash, etc. Hike Black Phoebe, Whipsnake, Woodrat, EBMUD land, Woodland and Windmill trails. Lunch at Homestead Picnic Area at the end of the hike. This is a 6 mile easy-moderate hike with elevation gain @ 500 ft. All trails are gradual, except for EBMUD which is a short-moderate elevation. The trails are dirt with some holes. There is a toilet at the beginning of the hike, but no other toilet or water facilities on the trails. Midway we will stop for a snack before descending to the picnic area. Tics possible in the tall grassy areas; use gators or tuck pants into socks. Wear light clothing. Hiking poles optional.

John Muir Land Trust made the first acquisition for Fernandez Ranch in 20005, followed by the property formerly known as Franklin Canyon a few years later. This is a beautiful 1,185-acre open space with panoramic views, and wild flowers in the spring. Contact the Muir Heritage Land Trust at 925-228-5460 for trail condition.

Return directions: Start out going northwest on Christie Rd. toward CA-4. Take a **Right** onto CA 4. Take the Cumming Skyway exit, EXIT 5 toward Port Costa-Crockett. STAY STRAIGHT to go onto Sawmill Rd. TAKE THE 1st LEFT onto Cummings Skwy. MERGE onto CA 4 via the ramp ON THE LEFT toward Richmond. MERGE onto 1-80 W via Exit 1B toward Oakland/San Francisco.

May 8, 2018 REDWOOD REGIONAL PARK (EBRPD)-From Canyon Meadows. 7 miles to staging area. *Leader: Chee Yan Ong 415.819.6988*. From **MRC** drive South on Moraga Ave. Take Hwy. 13 South and take the Redwood Rd. exit. TURN LEFT onto Redwood Rd. and continue to Skyline Blvd. Cross STRAIGHT over Skyline Blvd (stay in left lane). Continue on Redwood Rd. for 2.2 miles. The park entrance is on the left and has a sign: Redwood Regional Park East Bay Regional Park, but it is facing away from you. At the park entrance TURN LEFT and go 0.5 mile to the Canyon Meadow Staging Area (the parking lot all the way to the end). From Canyon Meadows hike to Fishway Interpretive site 0.03 mi. then Golden Spike, Toyon, West Ridge, Chown, French, and Bridle Trails. Lunch at Trail's End. Easy-Moderate 7 miles with up-hills, about 500 foot cumulative elevation. Beautiful vistas. Sticks/poles recommended. Visit the following web sites for

additional information: www.bahiker.com and www.ebparks.org **Phone numbers: Emergency EBRPD 510.881.1121. EBRPD Non-emergency 510.881.1833.**

May 15, 2018 ANTHONY CHABOT REGIONAL PARK (EBRPD) – From Partridge Gate –Bort Meadow Loop *Leader: Alicia Goldstein*. 510.593.4720 *and Mary Jacobs (cell) 617.966.6189.* From **MRC** drive South on Moraga Ave. Turn RIGHT on Park Blvd. Turn LEFT onto Hwy. 13 to Lincoln Ave/Joaquin Miller Rd. EXIT. Turn LEFT onto Joaquin Miller Rd. After 1.2 mile, intersect Skyline Blvd at stoplight. Continue STRAIGHT ahead 2.1 mile on Skyline Blvd. passing the high school. Just after firehouse on left, turn LEFT to Parkridge Dr. Park cars at end of Partridge Dr. Convene at Partridge trailhead. Hike Macdonald, Grass Valley, Brandon trails. Hiking polls recommended. 6.0 miles, with some elevation on uneven ground. Visit: www.bahiker.com and www.ebparks.org **Phone: EBRPD Emergency. (Park police) 510.881.1833. EBRPD non-emergency 1.888.327.2757 (Park Ranger option 3 ext. 4502 or 4536).**

May 22, 2018 MARIN MUNICIPAL WATER DISTRICT- Lagunitas and Bon Tempe Lakes. 31 miles to staging area. *Leader: Karin Rawlins 510.526.5454.* From **MRC** drive North on Moraga Ave. Merge onto CA-13 N toward Berkeley. Merge onto CA-24 W toward Oakland. Merge onto Hwy. 580/80. Take 580 and cross **Richmond/San Rafael Bridge**. Take Sir Francis Drake Blvd/Hwy 101 Exit South and merge onto E. Sir Francis Drake Blvd. Cross under highway, but stay on Sir Francis Drake Blvd. to the right. Do not bear left to 101 South toward US101. Continue West on Sir Francis Drake Blvd. about 15 miles through Larkspur, Kentfield, Ross and San Anselmo. In Fairfax at the first stop sign .TURN LEFT. See the **North Bay Gas Station** on the left and the town center sign. Immediately turn RIGHT onto Broadway which parallels Sir Francis Drake. Go one block. TURN LEFT onto Bolinas Rd. (becomes Fairfax/Bolinas Rd.) and go 1.5 miles. At 680 Bolinas Rd. there is a wooden sign on the left "Lake Lagunitas". TURN LEFT onto Sky Oak Road for ¼ mile to Sky Oaks Watershed Headquarters on the left at the crest of the hill. You are at the entrance to Lagunitas and Bon Tempe Lakes. (If you miss the Sky Oaks Road turn-off and you get to the Meadow Club golf course you have gone too far). Pass the kiosk and proceed to the pay station. Pay $8.00 (credit card or cash $10, $5 or $1 (no change) Place parking ticket on dash. The Lagunitas picnic area is about 1½ miles beyond the entrance Kiosk/Pay Station. After you have paid your entrance fee, stay on the paved road and within a mile or so you will come to a long straightaway and then a T-intersection. Go right at the T- intersection; within 100 yards you will be at the Lake Lagunitas parking area. **Visit:** www.bahiker.com **Phone: Emergency** (415) 472-091

Hike skirts the shores of Lagunitas, Bon Tempe and Alpine lakes for about 2.5 miles. Continue up the Kent trail which is a steady gradual uphill 500 feet. Continue on Stocking, Rocky Ridge, Lagunitas, Lower Berry, Bon Tempe and Lagunitas lakes trails to the parking lot. Rocky Ridge trail is a downhill on slippery gravel. Careful stepping is recommended. Hiking poles and boots recommended. 7+ miles. Moderate. **Emergency number: (415) 472-0911.**

NOTE: Bring snacks, extra water and something to sit on. Rest-rooms only at staging area.

May 29, 2018. EIGHTEENTH ANNUAL SPRING POTLUCK LUNCH & HIKE– Redwood Park. *Picnic organizer: Vivian Golden 510.482.4426.* If you are hiking the West ridge trail from Skyline Gate, leave your food at the **MRC** before 9 AM and it will be transported to the Canyon Meadows picnic area (or carry it in your pack). If you are hiking from Canyon Meadows or just coming for the picnic, bring your food to Canyon Meadows before 11:30. The picnic will be over at 1 PM. Hikers will return to Skyline Gate via Stream trail. It is

requested that you not leave the picnic area before 1:00 and that you assist with clean up. (Thank you). **Phone numbers: EBRPD Emergency 510.881.1121. EBRPD Non-emergency: 510.881.1833**. Visit: www.bahiker.com--and--www.ebparks.org.

Hike to Canyon Meadows from Skyline Gate: Distance to staging area 2 miles**.** *Leaders: Sally Shaver 893.7293.* From **MRC** drive South on Moraga Ave. TURN LEFT onto Snake Rd. then CONTINUE STRAIGHT on Shepherd Canyon Rd. TURN RIGHT onto Skyline Blvd. In ¼ mi. TURN LEFT into the parking lot at Skyline Gate. Hike Westridge, Orchard and Stream trails to Canyon Meadow staging area for lunch. After lunch return Stream trail. 8 rolling miles on ground, with roots and rocks, and one steep down-hill at Orchard and a short steep uphill from the Stream trail to Skyline parking area. Poles/sticks recommended.

Hike from Canyon Meadows. Distance to staging area is 7 miles. *Leader: Vivian Golden 510.482.4426.* From **MRC** drive South on Moraga Ave. Take Hwy. 13 South and take the Redwood Rd. exit. TURN LEFT onto Redwood Rd. and continue to Skyline Blvd. CROSS STRAIGHT over Skyline Blvd (stay in left lane). Continue on Redwood Rd. for 2.2 miles. The park entrance is on the left and has a sign: Redwood Regional Park East Bay Regional Park, but it is facing away from you. At the park entrance TURN LEFT and go 0.5 mile to the Canyon Meadow Staging Area (the parking lot all the way to the end). Hike Bridle Trail as far as you wish and return by Stream Trail to picnic area by 11:30 for lunch. Easy 3-4 miles on dirt.

June 5, 2018 KENNEDY GROVE Regional Recreation Area. (EBRPD). 13 miles to staging area. *Leader: Hal Helfand 510.655.3337.* From **MRC** drive North on Moraga Ave. Take Hwys.13/24 through Caldecott Tunnel. Take Orinda exit. Turn LEFT North onto Camino Pablo Rd. for 2 miles. It becomes San Pablo Dam Rd. Continue for about 8 miles. About one mile past the Headquarters, see a sign for Kennedy Grove. Turn RIGHT into Kennedy Grove Regional Recreation Area. Hike starts from parking lot. Hike Laurel Loop, Upper Sea Foam, Black Oak trail, Black Oak Loop, Kennedy Creek back to parking lot. Total elevation 740 feet up and down. First 35 minutes are up-hill. Lunch at end in picnic area. About 5 miles moderate. Sticks recommended. Visit: www.bahiker.com and http://www.ebparks.org. **Phone Numbers: EBRPD Emergency. (park police) 510.881.1833. EBRPD non-emergency 1.888.327.2757.**

June 12, 2018 SAN FRANCISCO Golden Gate Park. From Stow Lake. 19 miles to staging area. *Leader: Dorothy Shipp 510.531.9522.* From **MRC** drive North on Moraga Ave. Merge onto CA-13/24/ 580/80. Cross the **Bay Bridge.** Keep RIGHT at the fork, follow signs to U.S. 101 N/Golden Gate Bridge and merge onto US 101N. Continue on Central Fwy. Continue onto Octavia Blvd. TURN Left onto Fell. BEAR LEFT onto Kezar Dr. to Lincoln Way. At 19th Ave. Turn RIGHT into Golden Gate Park. After 1 block, TURN RIGHT on MLK, Jr. Dr. Go about 2 blocks and see a "STOW LAKE" sign on the right. Make a SHARP TURN LEFT at Stow Lake Dr., a one-way street (no street sign). Continue for about 3 blocks until you reach the boat house and Park. Hike Golden Gate Heights Route. **Phone: SF Police Emergency: 415.553.8090. Non- emergency: 415.553.0123.**

June 19, 2018 REDWOOD REGIONAL PARK (EBRPD)-From Canyon Meadows.. 7 miles to staging area. *Leader: Stan Feldman 510.*384.0865 (cell) 510.568.7488 (home) From **MRC** drive South on Moraga Ave. Take Hwy. 13 South and take the Redwood Rd. exit. TURN LEFT onto Redwood Rd. and continue to Skyline Blvd. CROSS STRAIGHT over Skyline Blvd (stay in LEFT lane). Continue on Redwood Rd. for 2.2 miles. The park entrance is on the left and has a sign: Redwood Regional Park East Bay Regional Park, but it is facing away from you. At the park entrance TURN LEFT and go 0.5 mile to the Canyon Meadow

and park in the farthest lot. Leader will meet hikers at Canyon Meadow. Circle up in the parking lot and walk 0.03 mi. to the staging area at Fishway Interpretive Site. Hike Bridle, Orchard, French, Chown, Stream trails. Approximately 5 miles flat/moderate with short, steep climbs on rocky and rooted terrain. Lunch at Canyon Meadows. Sticks/poles recommended. For more information : www.bahiker.com and www.ebparks.org **Phone numbers: Emergency EBRPD 510.881.1121. EBRPD Non-emergency 510.881.1833.**

June 26, 2018 HARBOR BAY ISLE (Lagoons)-From Towata Park. 6 miles to staging area**.** *Leader: Margaret Phillips 891.8236.* From **MRC** drive South on Moraga Ave. TURN RIGHT on Park Blvd. TURN LEFT (South) onto Hwy. 13. MERGE onto Hwy. 580. Exit onto High St. Continue on High St. through Alameda to end of the road. TURN LEFT onto Otis and drive a short distance. TURN RIGHT at Peach Street into **Towata Park.** We will start our hike at Towata Park and cross the **blue bridge** onto Bay Farm Island. Hike Shoreline View Parkway which includes walking in and around several lagoons. Easy hike, about 5 miles on flat asphalt/cement surfaces. **Phone Numbers Alameda Police Dispatch: 510.337.8311**. **Non-Emergency: 510.337.8340**.
NOTE: At the request of the Club House ------ Please Do Not Use Restroom at the Club House.

July 3, 2018. RICHMOND HARBOR S.F. Bay Trail- From Lucretia Edwards Park. Distance to staging area is 12 miles. *Leader: Judy Casey 510.482.6323* From **MRC** drive North on Moraga Ave. Take Hwys. 13/24/580 to Richmond. Exit onto Harbor Way South. Turn RIGHT at Cutting and drive about 3 blocks. TURN RIGHT onto Marina and drive to the end. Meet at Lucretia Edwards Park. There are no fees or time restrictions. Hike along S.F. Bay and Richmond Marine Bay trails and loop around for lunch at Rosie the Riveter Park. Easy 5.5 miles on asphalt and wood plank terrain. Windbreakers and hats recommended. **Phone numbers: Richmond Police Non-Emergency 510.233.1214. Connect to Emergency.**

July 10. 2018. SAN RAFAEL - Starkweather Shoreline Park. 22 miles to staging area. *Leader: Sara Soder 510.653.4043.* From **MRC** drive North on Moraga Ave. Take Hwys. 13/24/80/580 and **cross Richmond/San Rafael Bridge**. Take the first exit to the right after crossing the bridge. Signs say San Quentin/Francisco Blvd. Stay on Francisco Blvd for about one mile (parallel to 580, like a frontage road). At the first stoplight, TURN RIGHT onto Shoreline Parkway. In about 0.2 miles, there will be a traffic roundabout. Take the first right, leading to a parking area along the water and park. Hike along the S.F. Bay with marshes, fields and lagoons on one side on a section of the Bay Trail with views of the Richmond-San Rafael Bridge and West and East Marin. Hike on flat pavement and dirt trails for about 5.5 miles. Lunch at the end. Restrooms midway at the San Rafael Pickleweed Recreation Center. **Phone: San Rafael police department: 415.485.300. Marin County Dispatch: 415.472.0911.**

July 17, 2018 BERKELEY STAIRWAYS - The Rocks Parks. Distance to staging area: 8 miles. *Leaders: Dennis and Linda Winslow. 510.652.3319. cell 510.207.0710.* From **MRC** drive NW on Moraga Ave. Merge onto CA-13 North for 3.6 mi. Turn RIGHT onto Shattuck Ave. Turn LEFT onto Carleton St. Turn RIGHT at the 2nd cross street onto M.L.K. Jr Way. Continue onto The Alameda. Pass Solano Ave. and park on the street. Meet on the NE corner of Solano and the Alameda. Visit Indian Rock, Craigmont, and many paths. Moderate 5 miles on hard surfaces and stairs with elevation gains of 500 - 1000 ft. Hike on paths, trails, steps and streets of North Berkeley. **Phone: Emergency: 510.981.5911 Non-Emergency: 510.981.5900.**

July 24, 2018 FT. MASON TO FT. POINT. 16.8 miles to staging are. *Leaders: Harriette Louie 510.339.2242. (cell)* 510.517.8335 *Jim Gavin 547.0640.*From From **MRC** drive North on Moraga Ave. Take Hwys. 13/24/580/80 and Cross the **Bay Bridge.** Exit Fremont / Folsom Streets. Fremont St. branches off to the

left. After one block, TURN RIGHT on Howard St. and drive to the end. TURN LEFT onto Embarcadero. TURN LEFT onto Bay St. TURN RIGHT on Laguna which becomes Marina Blvd. Take a sharp RIGHT into the Marina parking area. Park wherever you can find a parking space that is not reserved, usually to the left. Do not enter the Ft. Mason gate on the right as there is a charge for parking. Hike SF Marina and Crissy Field to Fort Point. Lunch on bluff overlooking GG Bridge or in front of the Visitor's Center or at the "Warming Hut". Return. Out and back. About 7 miles, mostly level terrain. **Phone: SF Police Emergency 415.553.8090. Non-emergency 415.553.0123.**

Return to 6300 Moraga Blvd. Drive out of parking area and turn LEFT onto Marina Blvd. toward Laguna St. Turn RIGHT onto Laguna St. Turn LEFT onto Bay St. Turn RIGHT onto The Embarcadero. Turn RIGHT onto Harrison St., Merge onto Hwy. 80 E via ramp on the left. Merge onto Hwy 580 East toward CA-24 Hayward-Stockton. Merge onto CA-24 E toward Walnut Creek. Merge onto CA-13 S toward Hayward. Take the Moraga Ave. East exit toward Thornhill Dr./Montclair Dist. Turn SLIGHT LEFT onto Moraga Ave. 16.27 miles

July 31, 2018 YERBA BUENA and TREASURE ISLANDS. 15 miles to staging area. *Leaders: John and Lucille Serwa 510.832.3559. John's cell 510.325.5976. Lucille's cell 510.599.0961.* From **MRC** drive North on Moraga Ave. Take hwys. 13/24/580/80 and **cross the Bay Bridge.** Take Ext 4 toward Treasure Island/Yerba Buena Island. Turn right on Macalla Rd. . Pass the (usually unmanned) kiosk and the yacht club and park on the right in the large parking lot in front of Bldg 1. It is a very large building... Hike two islands. Mostly flat with one short moderate climb. Asphalt. 6 miles.

August 7, 2018 REDWOOD Regional Park (EBRPD)-Skyline Gate to Huckleberry and Sibley. 2 miles to staging area is. *Leader: Hal Helfand 510.655.3337.* From **MRC** drive South on Moraga Ave. TURN LEFT onto Snake Rd. CONTINUE STRAIGHT onto Shepherd Canyon Rd. TURN RIGHT onto Skyline Blvd. In ¼ mi TURN LEFT into the parking lot at Skyline Gate. Hike Redwood Park on the East Bay Natl. Skyline trail to Sibley (about 1000' elevation change); Round Top Loop; the Labyrinth and return on the Huckleberry path. Sticks/poles and long pants recommended (lots of poison oak). Moderate. 6.5 miles Visit the following web sites for additional information: www.bahiker.com. and www.ebparks.org. **Phone numbers: EBRPD Emergency 510.881.1121. EBRPD Non-emergency 510.881.1833.**

August 14, 2018 ANGEL ISLAND STATE PARK At least 31 miles to staging area. *Leaders: N*ancy and Ollie Wright *cell 831.234.9655*. **NOTE Early Departure: Leave MRC at 8:15 AM**. Ferry Leaves terminal at 10:00 and departs Angel Island at 1:20 (and 3:30). Cost is $14.00 round trip and includes park admission. Cash and / checks only. Pay as you board. From **MRC** drive North on Moraga Ave. Take Hwys. 13/24/80/580 and cross **Richmond/San Rafael Bridge**. Take the 101 South Exit to Sir Francis Drake Blvd. Pass the Larkspur ferry terminal on the left. Get onto 101 South ramp. After about 2 miles Exit Tiburon Blvd. (Hwy. 131 Exit 447). Turn LEFT onto the overpass and follow Tiburon Blvd. for 4 miles into downtown Tiburon. There are two parking lots immediately to the left. The parking lot closest to the pier is $5.00 and you have to walk about 3 blocks. Pay at kiosk and place notice visibly in your window. If you continue on Tiburon Blvd. turn RIGHT on Main St. and park in the lot. Cost is $12.00. The ferry terminal is located at 21 Main St., across from the ($12.00) parking lot. We will hike Mt. Livermore (600 ft.) and Sunset Trail. Moderate 5.5 miles. Beautiful views. Ferries leave Angel Island for Tiburon at 1:20 PM and 3:30 PM. Carpool as needed. We plan to catch the 1:20 ferry. Visit www.bahiker.com. **Phone numbers: Emergency 916.358.1310. Non-emergency 415.435.5390.**

Note: There are no restrooms on the ferry or on the trails. Use the restrooms at the dock BEFORE boarding.

August 21, 2018. GGNRA. LANDS END S.F. Coastal Trail. 20 miles to staging area. *Leader: Fifi Goodfellow 510.390.0157.* From **MRC** drive North on Moraga Ave. Merge onto CA-13 N toward Berkeley. Merge onto CA-24 W toward Oakland. Merge onto Hwy. 580/80. Cross the **Bay Bridge**. Take 9th St. / Civic Center exit. TURN RIGHT onto 9th St. Continue on 9th St. Cross Market St. TURN RIGHT onto Larkin. TURN LEFT onto Geary. At 40th Ave. Geary becomes Pt. Point Lobos Ave. Continue WEST on Point Lobos Ave. Cross 48th Ave. TURN RIGHT onto El Camino del Mar and drive straight into the parking lot. (See Ft. Miley sign). If you get to the Cliff House you've gone too far. Park in the 4 hour free zone. Hike California Coastal Trail through Seacliff, turning left at 25th Ave. (no through street). Hike almost to the Golden Gate Bridge and back. Coastline and Golden Gate bridge views. Moderate 7 miles. Visit: www.bahiker.com SF **Police Emergency**: **415.553.8090. Non-Emergency**: **415.553.0123**

August 28, 2018 DIMOND CANYON HIKING TRAIL Sausal Creel and JOAQUIN MILLER PARK. 2 miles to staging area. *Leader: Ward Simpson cell 510.316.4095* From **MRC** drive east on Mountain Blvd. TURN RIGHT on Park Blvd. TURN LEFT on El Centro (before the filling station.) TURN RIGHT on Hanly Rd. into the upper parking lot of **Dimond Recreation Center**. Hike Dimond Canyon trail above Sausal Creek. Continue through the pedestrian underpass to Joaquin Miller Ct and onto Palos Colorados trail in Joaquin Miller Park. Lunch in Sequoia Arena. Return to Dimond Rec. Center. Moderate 6.5 miles. Terrain is dirt with rocks and roots with some narrow pathways which require close attention. Sticks recommended. For more information visit: www.sausalcreek.org/sausal/shorthistory/html **Oakland Police Emergency: 510.777.3211. Non-Emergency: 510.777.3333.**

Note: We will not be walking in the creek-bed.

TITLE VI COMPLIANCE AGAINST DISCRIMINATION43CFR 17.6(B) Federal and City of Oakland regulations strictly prohibit unlawful discrimination on the basis of race, color, gender, national origin, age, sexual orientation or AIDS or ARC. Any person who believes that he or she has been discriminated against in any program, activity, or facility operated by the City of Oakland, Office of Parks and Recreation should write to: Director of Parks and Recreation at 1520 Lakeside Drive, Oakland, CA 94612-4598 or call 510. 238.3092.

INCLUSION STATEMENT. It is the intent of the City of Oakland to fully comply with the Americans with Disability Act. The Office of Parks & Recreation (OPR) is fully committed to compliance with provisions of the Americans with Disabilities Act. Please direct all inquiries concerning program & disability accommodations to the OPR inclusive Recreation Coordinator at 510.615.5755 or smeans@oaklandnet.com. TDD callers please dial 510.615.5883